



DEADLIFT CHAMPIONSHIP REGISTRATION FORM

Athlete's Name

Gender: M/ F

Contact Number

Email

Date of Birth

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
D	D	M	M	Y	Y	Y	Y

Gym Representation

Emergency Contact Person

Emergency Contact Person Number

Competition Date: 7 February 2026/ Magh 24 2082

Venue: IIMS College, Naxal Bhagwatibahal
(Opp. Hilton Kathmandu)

Early bird registration fee is **NPR 2,500 valid until January 10.**

After that, the regular registration fee is **NPR 4,000.**

Registration Closes on **January 31,2026**

Weight Category (Junior and Open)

- | | |
|----------------------------------|------------------------------------|
| <input type="checkbox"/> Men u59 | <input type="checkbox"/> Women u52 |
| <input type="checkbox"/> Men u66 | <input type="checkbox"/> Women u57 |
| <input type="checkbox"/> Men u74 | <input type="checkbox"/> Women u63 |
| <input type="checkbox"/> Men u83 | <input type="checkbox"/> Women u69 |
| <input type="checkbox"/> Men u93 | <input type="checkbox"/> Women 69+ |
| <input type="checkbox"/> Men 93+ | |



Scan And Pay to Register
(Add your full name on remarks)

Note

- Register by either filling the online form from the **Instagram bio (@gymbahalbyifit)** or by submitting a scanned copy of this form, a valid government ID, and a payment slip screenshot via **WhatsApp at 9762118278.**
- **Do not fill both online and offline forms.** Completing one form is enough for registration.
- Junior athletes only need to fill in their date of birth and chosen category. Each category will have top 3 winners, awarded separately.
- Athletes **born on or after 1 January 2003** are eligible to compete in the Junior category.
- Junior athletes must bring their original valid government ID on competition day for age and category verification. All submitted details will be cross-checked during verification.
- The registration fee is non-refundable and non-transferable under any circumstances.
- If you have any queries. Text us on WhatsApp at **9823306747**

I hereby declare that all the information provided by me is true and accurate, and I agree to abide by the rules, regulations, and verification process of the competition.

Athlete's Signature